

Bulk Wholefoods (Gravity/Scoop Dispense)

Product	Price Band
Aduki Beans	C
Black-eye Beans	C
Barley Flakes	A
Butter Beans	C
Chickpeas	C
Red Kidney Beans	B
Brown Lentils	A
Puy Lentils	C
Green Lentils	B
Red Split lentils	A
Seven Bean Mix	D
Soup Mix	C
Broth Mix	B
Pinto Beans	B
Moong Dahl	D
Mung Beans	D
Black Turtle Beans	C
Soya Beans	B
Green Split Peas	A
Yellow Split Peas	A
Pearl Barley	A
Bulgar	B
Couscous	B

Wheat Grain	A
Popping Corn	A
Quinoa	E
SOS Mix	F
Veg Burger Mix	G
Jumbo Oats	A
Porridge Oats	A
Simply Muesli Base	B
Essential Deluxe Muesli	D
Berry Crunch	G
Cereal Base	A
Fruit & Nut Muesli	C
Bran Flakes Malted	E
Toasted Wheat Flakes	B
Rye Flakes	A
Wheat Flakes	A
Fusilli Pasta White	C
Fusilli Pasta Wholemeal	C
Penne Pasta White	C
Penne Pasta Wholemeal	C
Flax Seeds	B
Sunflower Seeds	B
Buckwheat Flour	E
Wholemeal Flour	A
White Flour	A
Wheat Bran	C
Barley Flour	B
Rye Flour	A
Polenta	A

Semolina	B
Arborio Rice	C
Long Grain Brown Rice	B
Pudding Rice	B
Basmati Rice White	D
Basmati Rice Brown	D
Jasmine Rice	F
Wild Rice	H

Bulk Wholefoods (Kilner Jar Service)

Flaked Almonds	H
Whole Almonds	H
Cashew Pieces	H
Chopped Mixed Nuts	G
Gourmet Nut Mix	H
Dessicated Coconut	E
Roasted Hazelnuts	G
Fruit & Nut Mix	G
Redskin Peanuts	E
Walnut Quarters	H
Trail Mix	F
Cacao Nibs	H
Pistachios Roasted/Salted	H
Alfalfa Seeds	H
Chia Seeds	G
Omega Mix	E

Blue Poppy Seed	E
Pumpkin Seeds	F
Sesame Seeds	E
Bombay Mix	C
Wasabi Peas	G
Apple Rings (S02)	F
Apricots	E
Banana Chips	E
Cranberries	E
Currants	F
Figs	G
Goji Berries	H
Mixed Fruit	E
Papaya Diced	F
Pineapple Diced	E
Jumbo Raisins	E
Sultanas	D
Natural Glacé Cherries	F
Pitted Dates	D
Mango Slices	H
Crystallised Ginger	F
Fruit Salad	G
Chocolate Peanuts	D
Chocolate Raisins	D
Yoghurt Peanuts	D
Yogurt Raisins	D
Yoghurt Apricots	D
Vital Wheat Gluten	D

Herbs/Spices

Allspice Ground	G
Star Anise	G
Basil	D
Bay Leaves	F
Caraway Seed	F
Blend Cayenne	F
Ground Chilli	F
Chinese Five Spice	F
Cinnamon Ground	G
Cloves	H
Coriander Ground	D
Cumin Seed	E
Cumin Ground	F
Curry Powder Medium	E
Fennel Seed	E
Garam Masala	E
Ginger Ground	G
Herbes Provencales	F
Marjoram	E
Mixed Herbs	G
Mixed Spice	E
Mustard Seeds Brown	D
Mustard Seeds Yellow	C
Ground Nutmeg	H
Oregano	G
Paprika	E
Peppercorns Black	H

Rosemary	E
Sage	G
Thyme	F
Turmeric	E
Onion Powder	E
Garlic Powder	G
Smoked Paprika	G
Ground Chilli	F
Whole Chilli	G
Coarse Sea Salt	A

Retail Prices

Band	Retail Price Per Kg	Retail Price Per 100g
A	£1.31	£0.13
B	£1.99	£0.20
C	£2.95	£0.29
D	£4.21	£0.42
E	£6.54	£0.65
F	£9.04	£0.90
G	£12.74	£1.27
H	£21.47	£2.15